



"For the first time I can see myself being successful in school."

When you embrace students with the right services and supports, the likelihood of their success in school — and life — increases exponentially. That's the founding principle behind New Alliance Academy, a high school for teenagers experiencing acute psychological distress. New Alliance provides a full continuum of care that addresses the emotional and educational needs of students, all in a day school setting.

Ours is a safe environment that promotes healthy emotional and interpersonal development and allows students to re-focus and re-engage with learning and academics. New Alliance Academy is your partner. We work with the student and family to really understand the issues, create an action-based plan and begin a path to successful and lasting recovery.

Initial Intake

- Identify needs
- Meet with Director and Principal
- Develop a plan

30 Day Review

- Formal meeting with student, family and district
- Confirm academic and clinical goals/objectives
- Solidify plan

Three Month Track

- Evaluate progress and determine next step

Six Month Track

- Highlight achievements
- Continue to identify best plan for promoting and maintaining student success

New Alliance Academy
INTAKE PROCESS

Three Month Track

Six Month Track

Ongoing consultation with psychiatrists, individual,

About New Alliance

Identifying the best educational and treatment options for teenagers recovering from experiencing acute psychological distress can be a confusing, stressful process. The situation is compounded by possible miscommunication between healthcare professionals and educators working at separate facilities, along with inevitable scheduling conflicts. It's rare to find an educational environment that offers the right mix of academic engagement, emotional support and medical care.

Meeting this urgent need is the goal of New Alliance Academy. Created by a team of educational and psychiatric experts from Sage Day Schools and Silver and Kaplan LLC, its mission is to "create a dynamic partnership between parents, students, staff, and school districts, for the provision of a safe, therapeutic, and highly academic environment that addresses the emotional and educational needs of students so that they can achieve success in school and in their community." New Alliance Academy in Paramus began welcoming students in April of 2009.

New Alliance Academy offers **therapeutic education that restores**. By focusing on positive reinforcement to maximize participation and educational growth, we pursue the goal of returning the student to a public school setting as soon as he or she is ready to do so.

"New Alliance bridges the gap for students who need intensive therapeutic support integrated into their school day. Students gain an understanding of themselves and are provided with the tools they need to move forward in their education and in life."

District Case Manager



"It's really wonderful to have this kind of school close to home. New Alliance has a very flexible program, flexibility that other schools can't accommodate."

District Case Manager

One Year Track

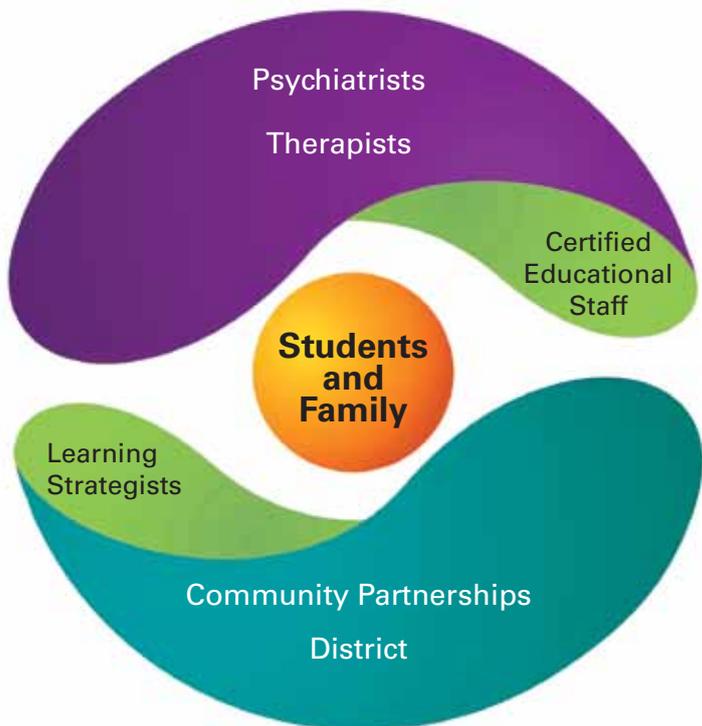
- Review student's individualized educational program

One Year+ Track

group and family therapy — 24/7 assistance and guidance during times of crisis



The Restorative Model allows students to experience an integrated academic and therapeutic environment.



A Team Approach

New Alliance Academy employs a team approach in all aspects of the school. We use what we call a Restorative Model, which allows students to experience an integrated academic and therapeutic environment. We build on students' strengths. That's one of the reasons why New Alliance is distinctive.

Our all-encompassing team approach reaches beyond the walls of New Alliance Academy. We have a vast knowledge of community resources, and work closely with school districts and an extensive network of experts as part of an ongoing, student-centered process.

Regular team meetings ensure continuing communication among staff members. When appropriate, evidence-based medical therapies are recommended by our consulting psychiatrist to minimize symptoms that would otherwise interfere with learning.

New Alliance Academy offers Three Month, Six Month and One Year+ Tracks. Each of these Tracks is a dynamic, ongoing process that can be modified to meet individual student needs. This team approach, developed out of a depth of understanding, helps restore hopefulness and fosters a successful educational experience.

Therapeutic Education

New Alliance Academy offers students the opportunity for academic success along with healthy emotional and interpersonal development. We believe education is a journey and a partnership. At New Alliance, that means providing both a therapeutic community along with a challenging educational environment.

Our Learning Strategists are one New Alliance innovation. These therapeutic professionals are dedicated to a small group of students, and work with them throughout the day



A Typical Day

“We were very fortunate that the school system was aware of New Alliance Academy. I can’t tell you how happy I am.”

Parent of a New Alliance Student

to overcome possible challenges — whether assisting with academic work, managing their feelings or succeeding as learners.

Students are both empowered and prepared, thanks to a personalized approach. They begin to understand themselves better, and gain insights into their own behavior and the complex matrix of emotional, social and academic issues.

Therapists are assigned to each student, who receive bi-weekly individual and weekly family therapy. Group therapy takes place daily. Our consulting psychiatrists provide medication monitoring when appropriate. Support extends beyond the traditional school day, with 24/7 assistance and guidance during times of crisis.

Academics

Student-centered and engaging instruction is at the heart of New Alliance Academy’s academic program. Students’ academic needs are met by utilizing differentiated instruction, which is based upon their readiness, interest and ability. Our carefully planned lessons, enhanced by technology rich classroom environments, challenge students to think critically, develop skills and master content knowledge. The lessons also provide a consistent opportunity for discovery-based learning. Joining academic and social-emotional goals fosters a journey toward well-being. Formative assessments and regular progress reporting enable teachers to measure student progress and achievement.

Our curriculum is aligned with New Jersey Core Curriculum Content Standards, and includes the same standard coursework found in high schools throughout the state. In addition, we also offer engaging electives in the arts, design, technology and literature.

Morning Community Meeting

7:50am–8:10am

First Period

8:12am–9:32am: Academic (80 min.)

Break

9:32am–9:41am

Second Period

9:43am–11:03am: Academic (80 min.)

Break

11:05am–11:10am

Third Period

11:14am–11:54am: Academic (40 min.)

Group Counseling

11:56am–12:36pm

Lunch

12:38pm–1:03pm

Study Hall

1:05pm–1:38pm

Elective

1:40pm–3:00pm

Community Wrap-Up Meeting

3:00pm–3:10pm





We also assist school districts in developing and updating each student's Individualized Education Program. We provide academic and social-emotional goals and

objectives, quarterly progress reporting and clinical summaries, and detailed summaries of academic achievement and functional performance.

We're proud that New Alliance students have been accepted by colleges and universities including Bergen Community College, SUNY College at Purchase, Drew University, University of Wisconsin, Ramapo College and Felician College.

New Alliance has a rolling admission policy. Students who are eligible for an out-of-district placement can begin at any time during the year. Students are considered for admission upon recommendation of their school district's Child Study Team.

Accreditations

New Alliance Academy is accredited by the Commission on Secondary Schools of the Middle State Association of Colleges and Schools. Accreditation demonstrates that New Alliance has met, and is held accountable to, the stringent standards set forth by the Middle States Association.

For parents and students investigating educational options, this accreditation serves as confirmation from an independent body that New Alliance Academy is fulfilling its mission, and can provide the following benefits to school districts:

- Partnership in Placement — New Alliance Academy offers Child Study Teams the opportunity to advocate for the potential success of the student. We have brought many complex searches for the right school to a positive conclusion.
- Thorough follow through on Individualized Education Plan — Designed by the school district, New Alliance Academy has an established track record of success.
- Certified teachers who teach in their area of certification.
- Facilities that meet all necessary state and local building requirements.

Board of Directors

GABRIEL KAPLAN, M.D., trained at New York Hospital-Cornell Medical Center and is a Board Certified Adult and Child psychiatrist, a Distinguished Fellow of the American Psychiatric Association, and a former researcher with published work in the fields of suicide, aggression, affective disorders and ADHD. A Clinical Associate Professor of Psychiatry at UMDNJ, Dr. Kaplan has been a member of many New Jersey State committees dealing with child psychiatry treatment issues, and received the 2005 Golden Bell Award for Child Advocacy from the New Jersey Mental Health Association.

JOHN REILLY, LCSW, is the Executive Director of Sage Day Schools. He is a licensed clinical social worker, a certified child and adolescent psychotherapist and a certified psychoanalyst. Mr. Reilly's leadership has been instrumental in developing the clinical programs at Sage Day Schools, New Alliance Academy and several in-district programs. He maintains a psychotherapy practice in Ridgewood.

CHRISTOPHER J. LEONARD, LCSW, M.Ed., Educational Director of New Alliance Academy, has been Educational Director of the Sage Day Schools and Principal of Sage Day's first campus, Sage Day at Rochelle Park, since 1998. A cum laude graduate of Boston University, Mr. Leonard earned his MSW from New York University. He gained experience at the Division of Family Guidance, as a member of the Ho-Ho-Kus Child Study Team and in private practice. Mr. Leonard earned his certification in Group Psychotherapy from the New Jersey Institute for Training in Psychoanalysis, and received his M.Ed. from William Paterson University.

BENNETT SILVER, M.D., a Diplomate of the American Board of Psychiatry and Neurology, is one of New Jersey's noted child and adolescent psychiatrists, and is on the *U.S. News & World Report* Top Doctor list. He completed a psychiatric residency and a fellowship in child and adolescent psychiatry at Mount Sinai Hospital in New York City. Dr. Silver has served as Medical Director of Child and Adolescent Psychiatric Services offering full range of continua at various hospital systems. He is also the co-founder and co-director of a large multidisciplinary psychiatric practice in New Jersey.

ROBERT S. WOLK, Director of Barnstable Academy and Sage Educational Enterprises, has been in the field of education for more than 25 years, both as a classroom teacher and school administrator. Mr. Wolk did his undergraduate work at Boston University and the American University in Washington, D.C. His Master's Degree is from New York University with studies in Paris, France and Kyoto, Japan.



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